

# WA Strategic Prevention Framework for Prescription Drugs Grant (WA SPF Rx)

## Overview

The HCA's Division of Behavioral Health and Recovery (DBHR) will lead efforts to address the risks misusing prescription drugs by implementing a collaborative strategic plan that will include prevention campaign messaging, evidence-based prevention education, prescriber education, and increased utilization of the Prescription Monitoring Program (PMP).

# **SPF Rx prevention projects**

## **Strategic Plan Development**

Create and evaluate a coordinated strategic plan among state agency partners to prevent prescription drug and opioid use.

#### **Evidence-based Prevention Education**

Prevent prescription drug and opioid misuse, particularly among youth and young adults, by providing evidence-based prevention education activities in communities that have the highest risk for opioid use disorder. We aim to reduce the number of youth and young adults using prescription pain relievers to get high and using prescription drugs not prescribed to them.

# **Safe Storage and Disposal of Medications**

Promote safe home storage and appropriate disposal of prescription medications to prevent misuse through expanding prevention campaign messaging with a particular focus on increasing awareness of prescription drug misuse issues in health care settings and communities that have the highest risk for opioid use disorder. We aim to increase the number of adults that report safely and securely storing medication in the home and know how to properly return unused medication.

## **Prescriber Education**

Promote use of best practices among health care providers for prescribing opioids by expanding prescriber and public education in various healthcare settings and increasing the utilization of the PMP. We

aim to reduce the number of opioid prescriptions prescribed to youth and young adults and increase the utilization of the PMP.

# **Eligibility requirements**

Key populations of focus for prevention communities and schools with elevated substance use risk scores. Risk scores include opioid prevalence, opioid prescribers, and tribal communities. The WA SPF Rx project's primary population of focus are residents, particularly youth and young adults, who have been identified as being at risk of misusing prescription drugs.

# **Authority**

Federal Substance Abuse Mental Health Services Administration, Catalog of Federal Domestic Assistance (CFDA) number is 93.243.

# **Budget**

FFY22 total grant amount is \$384,000. This is a fiveyear grant.

#### **Numbers served**

HCA plans to serve approximately 500,000 duplicated individuals over the life of the grant in communities that are at the highest risk of opioid use disorder.

## **Oversight**

#### Internal

Division of Behavioral Health and Recovery

### **External**

Substance Abuse and Mental Health Services Administration/Center for Substance Abuse Prevention

#### For more information

Alicia Hughes
Supervisor, SUD Prevention and MH Promotion
Section
Alicia.Hughes@hca.wa.gov
(360) 725-1687